



Too much death?

*Burden and protection for
palliative care teams*

Nov 30, 2021 - online

Trainer: Monika Mueller

*Leadership Academy 2021
for hospice & palliative care*

While the Corona pandemic has been a major disruption for all areas of our lives, it has brought a **particular burden** for the medial and care systems. Doctors, carers, volunteers were confronted with high mortality among their patients and clients but also in their personal contexts.

It would seem that in hospice and palliative care teams death is “part of the job”, the pandemic has produced situations that are new and burdensome. The **very quality of hospice work** has been challenged: protective clothing, strict rules and fears eliminate many traditional and valued forms of contact and closeness.

Even in “normal” times, death places a burden on hospice and palliative care teams and needs to be dealt with carefully to avoid psychological and health risks. Based on research about burdensome and protective factors in dealing with death, we will look at **ways to address the effects and to support** team members and teams in this daily yet always existential task. The specific Corona burden will be part of the discussion.

The Academy starts with a checklist / survey that participants discuss with colleagues before the online session. During the session we will exchange the results and explore the personal, team-specific and cultural differences. After an input on research data that may be surprising at first, participants will explore **new or adapted ways** to support their teams or integrate new findings into their teaching or policy work.

Trainer: Monika Müller, philosopher and therapist for integrative gestalt-oriented methods. She was the head of the contact point for palliative and hospice care and the support of relatives in North Rhine-Westphalia. She has authored numerous publications and is a sought-after trainer and consultant.

Time:

Tuesday, 30 November, 10.00 am – 4.00 pm

Format:

Zoom session (you will need a camera and sound equipment)

The Academy will be held in English (zoom translation possible if provided by the participants).

Target group:

The Academy is designed for **leaders and trainers** in hospice, palliative care, geriatrics in SEE, CEE and Austria. (max. 3 participants per country if there are more than 20 registrations)

Participation is free of charge thanks to support from Erste Foundation.

Please register by Mail:

Contact: Petra Roesler, roesler@kardinal-koenig-haus.at



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