### Operational Report of 2014 of the Hungarian Hospice Palliative Association

The **Hungarian Hospice-Palliative Association** – the community of the national hospice services – in 2014

It consists of 45 regular members, 56 supporting members, 8 honorary members, and our work was helped by 17 contracted volunteers.

The Association was reorganised according to the new laws regarding public institutions.

The presidency after reorganisation:

**President:** Judit Schaffer (Gondoskodás 2000 Nursing Care Services, Bp.)

**Vice-presidents**: Dr. Ágnes Zana, PhD. (Semmelwies University, Institute of Behavioural Sciences, Bp.) and Dr. Gábor Benyó (Tábitha House, Törökbálint)

While preserving multidisciplinarity, instead of having a 7-member presidency, we continue our work in close co-operation with a 4-member Scientific Counselling Body, whose members are:

Dr. Ágnes Csikós (University of Pécs, Faculty of Medicine, Pécs-Baranyai Hospice Foundation, Pécs), Dr. Zsuzsanna Hódi (Caring Hand Nursing and Hospice Foundation, Kecskemét), Dr. Adrienne Kegye (Kolos Vaszary Hospital, Esztergom), Miklós Lukács (Nurse University of Pécs, Clinical Centre, Palliative Mobile Team, Pécs)

Members of the Controlling Committee: Gyuláné Kerkai, Dr. Viktória Opitz, Dr. Béla Pikó

Secretary: Katalin Munk, Coordinator of volunteers: Kinga Farkas, Accountant: Ágnes Szommer

The activity of the Hungarian Hospice-Palliative Association in 2014, according to the operational categories defined in the general rules of the association:

In order to promote the professional cooperation between the national hospice services we renewed our website, updated it (laws and legislative regulations, open calls, courses, relevant literary resources, service provider database, etc.), all these are accessible at the 2014 Archive section of the <a href="www.hospice.hu">www.hospice.hu</a> website. We had regular contact with the co-associations via e-mail and phone, face-to-face meetings, as well as with the institutions interested in or connected to hospice care (health care, social, educational, etc.), with individuals and volunteers.

In October, 2014 we coordinated and popularised at national and international forums the Hospice World Day events organised nationwide.

Upon the request of the Semmelweis University, we registered and listed the doctors working at hospice care institutes, created a database and informed them about the preparative activities and the procedure of the licence exam, we facilitated the information flow between the trainer and examiner institutions, the hospice organisations and the examinees.

### Lobbying activities, Standardisation processes, Statements

We continuously updated the Operational Protocol upon the request and according to the existing criteria of the MHR, GYEMSZI-ETI, we issued operational statements and recommendations. We also organised a consensus conference on volunteering, inviting the representatives of those institutions which they had already had experience in training of volunteers. Here we together standardised the thematic programme of volunteer training, the recommended mode of volunteer employment and registration. We formulated a petition towards the Ministry in children hospice, volunteering, operational minimum standards, mobile team activities and operational codes, and regarding the competence field and warranty of doctors with palliative licence. We had regular contact with the MHR, ANTSZ, OEP, National Forum of Patients, MESZK and other Hungarian organisations active in the field.

### Forming and changing professional attitudes

In order to form the professional attitudes we organised the 11<sup>th</sup> National Congress of HHPA in Zalaegerszeg, which, besides health care professionals, also hosted an audience specialised in social sciences, open towards hospice care. The association organised six specialisation courses for doctors and a thanatology course together with the Semmelweis University, cooperated in the palliative licence course and exam with the University of Pécs and the Pécs-Baranyai Hospice Foundation in Pécs, and with the Semmelweis University in Budapest.

We offered courses for professionals in 2014: 2 hospice formative courses with health care and social care accreditation in Budapest and Százhalombatta, 1 children hospice formative course together with the Tábitha House in Budapest, 1 Williams LifeSkills Stress management training in Százhalombatta. From the material of the 9<sup>th</sup> Congress of the HHPA we created an E-learning 1-2-3 course. We also provided a formal training opportunity for volunteers. In several other courses we provided expertise (OALI, University of Pécs, GYEMSZI-ETI, etc.)

For several specialisation courses the preparatory activities were made: Palliative point of view in emergency for doctors and professional workers (e-learning + practice), Teamtraining (practical on-site course for hospice teams), Psycho-social training course, Hospice theoretical formative course (e-learning). Their finalisation and accreditation processes are ongoing.

Developing our relationships with international hospice organisation, Participation in research activities and model experiments.

We hold a collective IAHPC and EAPC membership, and are regularly involved in the scientific operational activities of EAPC (Dr. Á. Csikós, Dr. Á. Zana, N. Ferdinándy, J. Schaffer), in the EAPC Social Media Team (Dr. K. Hegedűs), in the ATOME project (HHPA), in the Nárcisz Crossborder Social Cooperation together with ZEG-Oberwart-Wien (Gyné Kerkai, J. Schaffer), in the Transnational train the trainer Wien programme (J. Schaffer, K. Farkas), in the Transformational leadership Brasov project (N. Ferdinándy, M. Lukács, J. Schaffer) and in the Hospice Österreich Volunteering Task Force (Dr. Á. Zana, K. Farkas, J. Schaffer).

Collecting relevant materials, resources, information to promote their availability

To this end we regularly update our website, send out e-mails regarding any news in hospice. We collect, list and publish the national data of hospice care on the basis of the statistical datasheet created by the association (Dr. Hegedűs – Munk). We share valid and current protocol information on our website, buy and sell relevant books at our events and courses to promote information flow. We also translate relevant literary sources and provide access to them on our website. We publish Kharon Thanatológiai Szemle, an electronic journal: <a href="https://eapcnet.wordpress.com">www.kharon.hu</a> and take part in the editing of the EPAC Blog <a href="https://eapcnet.wordpress.com">https://eapcnet.wordpress.com</a>.

Forming and changing public attitudes, PR activity

Compared to 2013 we doubled our media appearances related to hospice topics (24); we also organised a public dance event on occasion of the Hospice World Day, entitled "Move Your Body for Hospice!" in the Allee Shopping Centre. We coordinated and propagated the national Hospice World Day events (24). The HHPA advertisement spot is available on our website, on our Facebook page, on YouTube, similarly to the HHPA's report on hospice care. Our Student Volunteer Programme provides opportunity for the obligatory secondary school volunteering service in cooperation with our partner, the Vendéglátó Idegenforgalmi és Kereskedelmi Baptista Középiskola és Szakiskola (Catering, Touristic and Commercial Secondary School and Vocational School of the Baptist Church). On the internet we are present with our own website (www.hospice.hu), on Facebook as HHPA and Hospice Volunteers, moreover, in 7 closed groups, organised in connection with our courses.

For the sake of Sustainable Operation we reorganised our economic structure.

As a result of the organisational development we enlarged our network of volunteers. Raising our financial resources were realised by the 1% campaign, by participating in the NEA and Richter calls, furthermore, by our intensive PR activity. We enlarged our funding projects, organised courses, events and charities. We are active in recruiting volunteers.

Budapest, 17<sup>th</sup> April, 2015

Compiled by Judit Schaffer

# Financial report of 2014 of the Hungarian Hospice-Palliative Association

Opening cash-account balance on 1<sup>st</sup> January, 2014: 82.000 Ft

Opening bank account balance on 1<sup>st</sup> January, 2014: <u>2.611.000 Ft</u>

2.693.000 Ft

## **Incomes in 2014:**

Financial support	280.000 Ft	340.000 Ft
(corporate)		
Financial support (private)	126.000 Ft	105.000 Ft
Projects, calls	600.000 Ft	138.000 Ft
NEA	600.000 Ft	
1% income	775.000 Ft	796.000 Ft
Membership fees	488.000 Ft	752.000 Ft
Course fees	5.488.000	1.519.000
	Ft	Ft
Other incomes	940.000 Ft	866.000 Ft
Selling books	134.000 Ft	103.000 Ft
Banking interest	6.000 Ft	60.000 Ft

**INCOMES TOTAL: 8.837.000 Ft** In 2013: 4.679.000 Ft

# Expenditures in 2014:

### Resources:

material-type expenses in total:		193.000 Ft	
stationery:	65.000 Ft		PIT 1%, NEA
buying books:	127.000 Ft		from stock, books
other expenses in total:		7.269.000 Ft	
rental fees (office e+ meeting room):	882.000 Ft		PIT 1%, NEA, course fee
postal charges:	105.000 Ft		NEA, course fee
telephone:	87.000 Ft		NEA, course fee
webprogramming:	91.000 Ft		course fee
expertise: (Fields of dignity project):	644.000 Ft		Fields of dignity project
buying smaller tools:	143.000 Ft		NEA, course fee
lecturing, courses:			PIT 1%, course fee
(medical school students, tuition fees):	3.003.000 Ft		
courses -organisation, accreditation fees	: 481.000 Ft		Corp. funding, private
			funding, course fee
conference organisation:	83.000 Ft		course fee
secretarial activities:	780.000 Ft		NEA, course fee
conference participation fees:	100.000 Ft		course fee
membership fees (EAPC Onlus):	56.000 Ft		course fee
other expenses (maintenance, repairs, etc.): 198.000 Ft			course book, course fee
travel, transport:	429.000 Ft		Fields of dignity project,
			course fee
bank charges:	188.000 Ft		bank interest, course fee
EXPENSES TOTAL:		7.462.000 Ft	in 2013: 5.705.000 Ft

Closing cash-account balance on 31<sup>st</sup> December, 2014: 374.000 Ft

Closing bank-account balance on 31<sup>st</sup> December, 2014: 3.955.000 Ft

4.329.000 Ft