

Leadership Academy December 4 & 5, 2017

“Truly included” - Family and non-kin carers in hospice and palliative care

The culture of hospice care needs to truly include family carers as central in their relationship with patients and as worthy beneficiaries of support both during and after the death of the patient

*Professor Sheila Payne**

Goals:

to explore the ideal, the current practice and necessary changes to “truly include” non-professional carers in the end-of-life care

Questions that we want to cover:

- How do we **perceive** family carers: as the primary carers, as equal partners, as those who need us (maybe more than the patients)? How do our images shape our cooperation?
- How do we **assess the resources and needs** of family carers and how do we integrate them in the care we offer? Do we give them enough, too much, the right services?
- Who are “non-professional carers” in the various settings? Which (**new**) **groups** do we need to focus more on? Child/young carers, non-kin as friends and neighbours, non-kin as volunteers, other professional carers such as “live-in” paid carers?
- What are areas of **conflict and possible prevention** strategies? (e.g. professional ethos vs. normality)

Schedule as per June 2017

Day 1:

- Getting together, collecting issues, focus for the training as per participants’ needs
- Input from [Piotr Krakowiak](#) (The role of relatives: ideal and reality) - discussion
- Presentations from research and good practice models (2 sessions to choose from)
- Case work

Day 2:

- Challenges for team members – issues for leaders (group work)
- Non-kin carers as a special resource: Research and conclusions: [Paulina Wosko](#)
- Case work / Presentations
- Group work: Transfer to my organisation
- Presentation of ideas to take home

* <http://www.lancaster.ac.uk/news/articles/2013/family-carers-should-be-key-part-of-hospice-care/>

Moderator: [Dr. Annette Henry](#), expert on pediatric palliative care and geriatric care

Inputs for presentation sessions announced so far: **Csaba Degi, Irena Laska**

Self-Care.

Optional session with Dr. Sepp Fennes (volunteer at CS Hospice, trainer, coach)

Check out Sepp's approach to self-care by participating in this short workshop and get new ideas and encouragement for your teams.

Dec 6, 9 am – 2 pm

Target group: Managers, team leaders, trainers and coordinators in hospice and palliative care settings

Cost: Training: € 90,-. Accommodation and full pension (2 nights) free for participants from CEE/SEE countries. Extra nights € 45,-.

There will be a limit of 2 participants / country unless there are enough places in the Academy.

To register pls fill in the attached form.

For more information pls. contact:

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