

Dying Well: The Role of Palliative Care and Sedation in End of Life Care.

A free, 3 week online course, exploring how to help people experience better deaths.

We will examine the role of palliative care and medical options that can be used to help reduce distress towards the end of life. We will draw on real clinical cases and international research, including a recent European study on the use of sedation. We will offer revised recommendations for good practice in the use of sedation and help you consider how they may be used in your context.



What you will gain from joining the course

- ✓ *Deeper understanding of the process of death and dying*
- ✓ *Greater understanding of care options at the end of life*
- ✓ *Information about dealing with difficult symptoms near the end of life*
- ✓ *Details about new research on the use of sedation at the end of life, including clinical and ethical decision-making*



Study at your own pace (approximately 3 hours over 3 weeks)

First facilitated course starts 16th October 2023

Visit the FutureLearn website:

www.futurelearn.com/courses/dying-well-the-role-of-palliative-care-and-sedation-in-end-of-life-care



